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REASON FOR VISIT

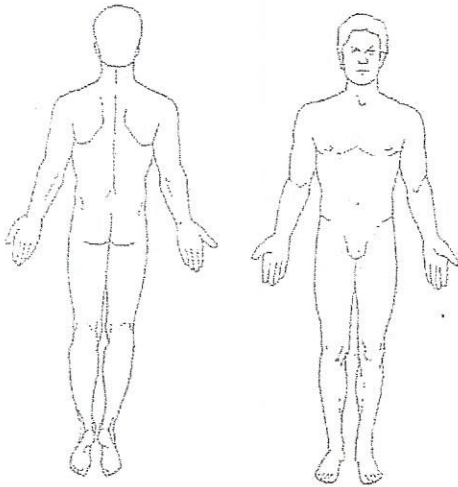
What is the reason for your visit today? Headache Neck Pain Mid-Back Pain Low Back Pain Other _____

What caused this complaint(s)? _____

When did this complaint begin? ____/____/____ Is it getting worse? Yes No Constant Comes and goes

Have you had this or similar complaint in the past? Yes No If "Yes", when? _____

What does your complaint (s) feel like? **Circle all that apply:** Sharp / Dull / Sore / Stiff / Tight / Aching / Spasms / Throbbing / Stabbing / Shooting / Burning / Cramping / Nagging / Tingling / Numbness / Other _____



← Please **Circle** or make an "X" on the body diagram to the left where you have pain or other symptoms.

Area for doctor's notes: _____

On the scale below, please circle the severity of your main complaint right now:

No Pain			Moderate Pain				Worst Possible Pain			
0	1	2	3	4	5	6	7	8	9	10

What area(s) does the pain radiate, shoot, or travel to? (if applicable)? _____

What aggravates this complaint? **Circle all that apply:** Sitting / Standing / Walking / Getting up from seat / Walking stairs / Inactivity / Sleeping / Physical Activity / Exercise / Movement / Bending forward / Bending backward / Twisting / Reaching / Lifting / Desk work / Sneezing / Coughing / Everything / Unknown / Other: _____

What relieves this complaint? **Circle all that apply:** Sitting / Standing / Walking / Resting / Exercise / Movement / Stretching / Massage / Chiropractic / Heat / Ice / Laying down / Medication / Nothing / Unknown / Other: _____

How often do you experience your symptoms? 25% of the day 50% of the day 75% of the day 100% of the day

Timing of complaint: **Check appropriate box:** Morning As day progresses Afternoon Evening While sleeping

During activities After activities Symptoms are constant and do not change Other: _____

With time are your symptoms: Improving Worsening Not changing

Have you seen other doctors for this complaint? Yes No If "Yes", please provide the following information:

Doctor's name: _____ Date consulted: _____ Diagnosis: _____

Is this condition interfering with your: (**Circle all that apply**) Sleep / Getting in or out of bed or chair / Personal care / Travel / Work / Recreation / Lifting / Walking / Standing / Daily Routine / Social Activities / Exercise / Other: _____

Is your complaint interfering with your daily activities? Not at all A little bit Moderately Quite a bit Extremely

NAME: _____ DATE: _____